

May 21, 2026

BCC Agenda Item: \_\_\_\_\_

Board of County Commissioners  
Clackamas County

**Health, Housing and Human Services Presentation. May-Mental Health Awareness Month**

**Previous Board Action/Review:** No Previous Board Action

**Performance Clackamas:** Healthy People

**Counsel Review:** N/A

**Procurement Review:** N/A

**Contact Person:** Karen Kern

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**EXECUTIVE SUMMARY:** The Clackamas County Behavioral Health Division of the Health, Housing and Human Services Department submits this presentation in recognition of May being Mental Health Awareness Month. May 2026 marks the 77<sup>th</sup> annual Mental Health Awareness Month, a nationally recognized initiative that raises awareness, reduces stigma, and encourages conversation around mental health and well-being. Recognizing this month promotes understanding, early intervention, and connection to supportive community resources.

By normalizing conversations and educating our community, talking about mental health aims to dismantle the silence that prevents individuals from seeking help.

This presentation highlights the prevalence of mental health issues at the national, state, and local levels, educates the public about mental health conditions and their impact, and provides information about local programs and resources working to address this issue.

**RECOMMENDATION:** This is an informational presentation only.

Respectfully submitted,

*Mary Rumbaugh*

Mary Rumbaugh  
Director of Health, Housing and Human Services