

May 21, 2026

BCC Agenda Item: _____

Board of County Commissioners
Clackamas County

Health, Housing and Human Services Presentation. May-Mental Health Awareness Month

Previous Board Action/Review: No Previous Board Action

Performance Clackamas: Healthy People

Counsel Review: N/A

Procurement Review: N/A

Contact Person: Karen Kern

Contact Phone: 971-509-5174

EXECUTIVE SUMMARY: The Clackamas County Behavioral Health Division of the Health, Housing and Human Services Department submits this presentation in recognition of May being Mental Health Awareness Month. May 2026 marks the 77th annual Mental Health Awareness Month, a nationally recognized initiative that raises awareness, reduces stigma, and encourages conversation around mental health and well-being. Recognizing this month promotes understanding, early intervention, and connection to supportive community resources.

By normalizing conversations and educating our community, talking about mental health aims to dismantle the silence that prevents individuals from seeking help.

This presentation highlights the prevalence of mental health issues at the national, state, and local levels, educates the public about mental health conditions and their impact, and provides information about local programs and resources working to address this issue.

RECOMMENDATION: This is an informational presentation only.

Respectfully submitted,

Mary Rumbaugh

Mary Rumbaugh
Director of Health, Housing and Human Services

Mental Health Awareness Month Board of County Commissioners Business Meeting May 21, 2026

Mary Rumbaugh, Director, Health, Housing & Human Services
Karen Kern, Director, Behavioral Health Division



Support is Available 24/7/365



Call 503-655-8585
Clackamas County Crisis and
Support Line 24/7/365



Oregon ranked last (51) in the nation for overall prevalence of mental health and substance use

- 49th:** Adults with serious thoughts of suicide
- 47th:** Youth with major depressive episode
- 46th:** Youth with serious thoughts of suicide
- 43rd:** Adults with reporting unmet need for treatment



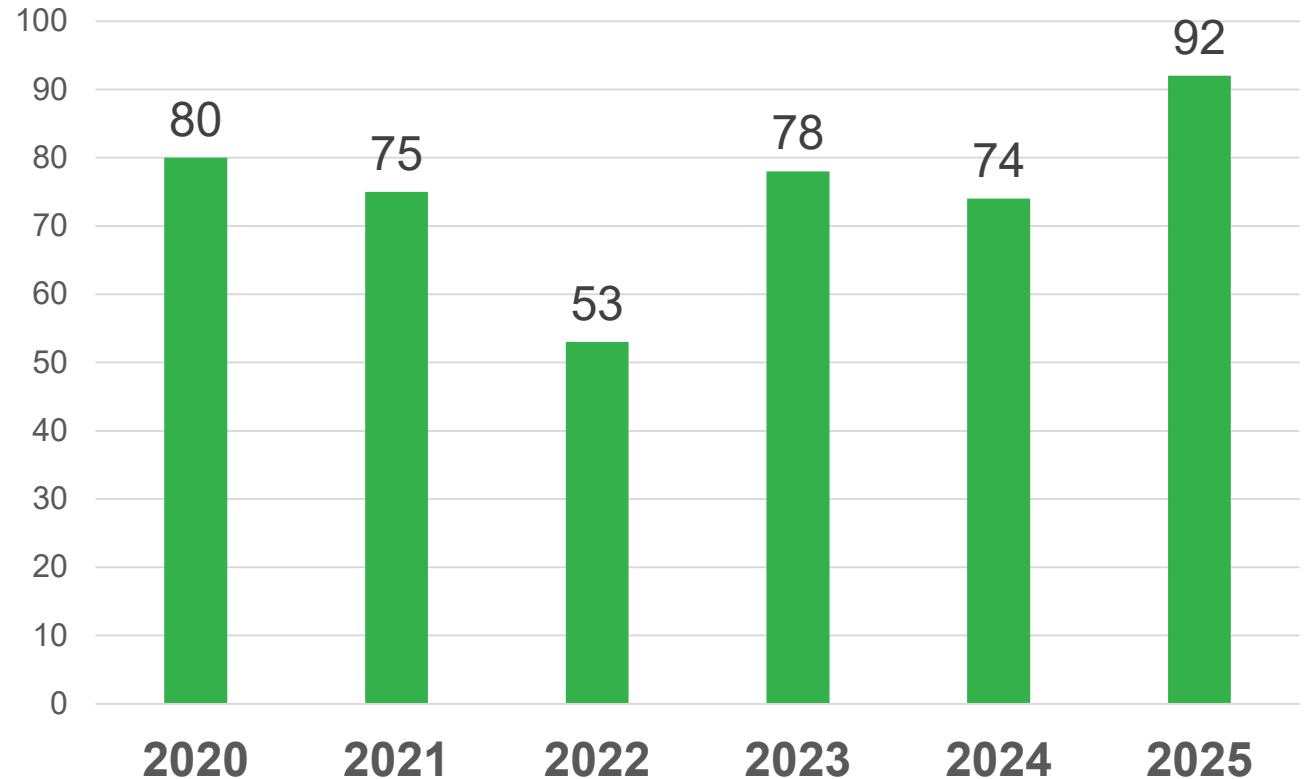
Mental Health Prevalence

High Rates of Mental Health Prevalence Linked to High Rates of Suicide

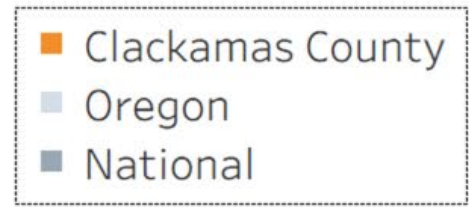
Oregon Has the **Ninth Highest** Rate of Suicide In the Nation

National rate: 14.4
Oregon rate: 20.8
Clackamas rate: 21.6

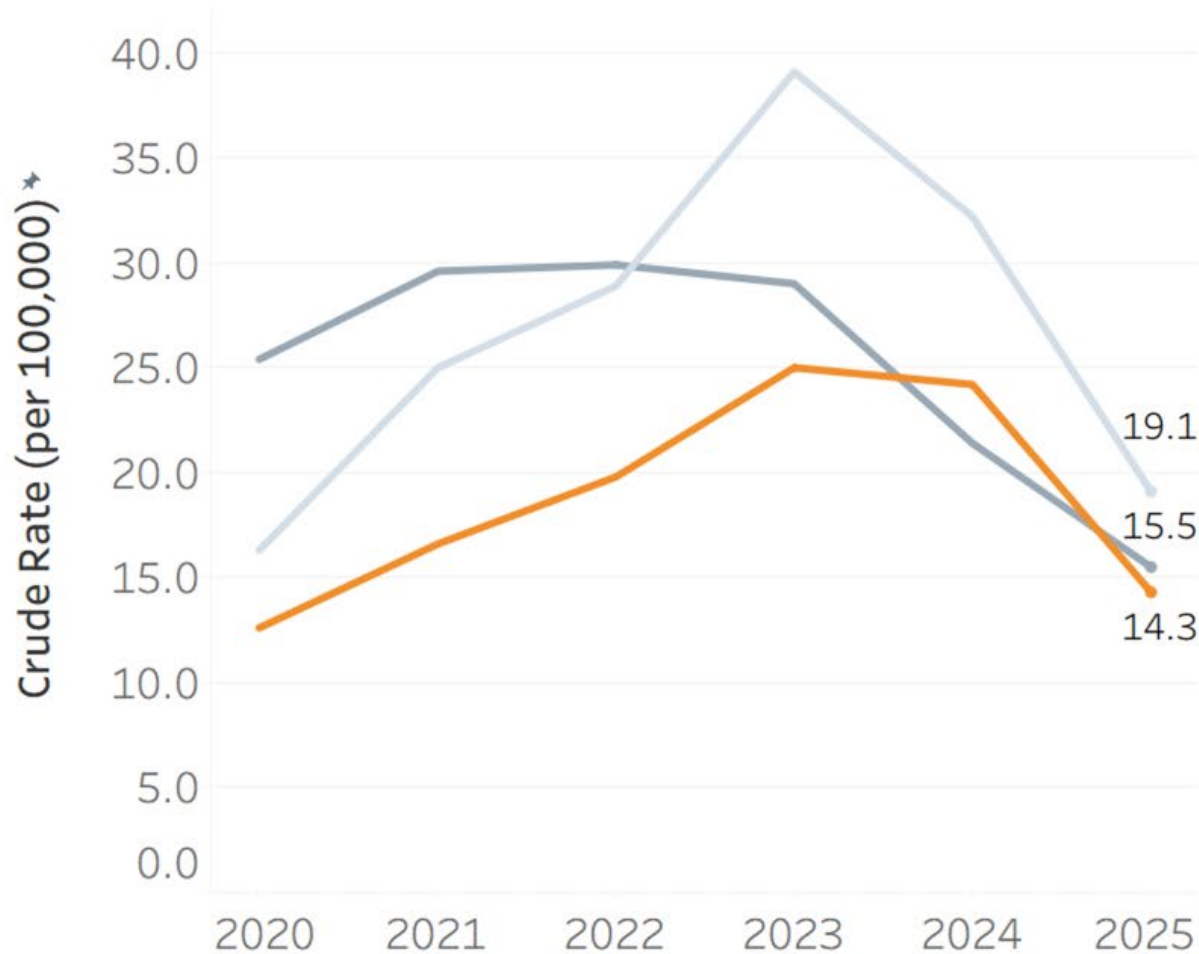
Clackamas County Suicide Fatalities



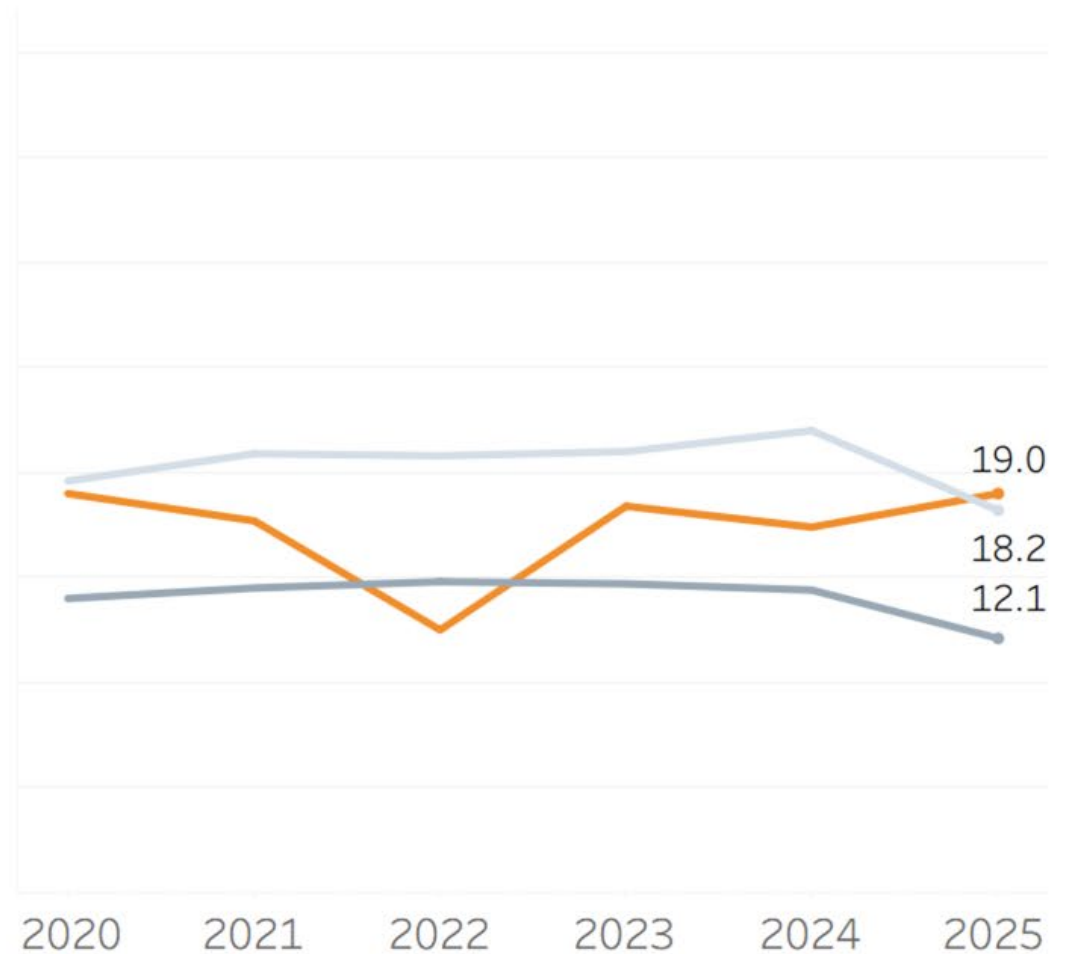
Annual Crude Death Rate by Region (2020 - 2025*)



Unintentional Overdose Deaths



Suicide Deaths



*2025 data provisional and subject to change.

Barriers Remain Even When Services Exist

- Private insurance does not always mean access
- Uninsured adults may delay or avoid care
- Individuals with lower income or housing instability are more likely to experience mental health crises

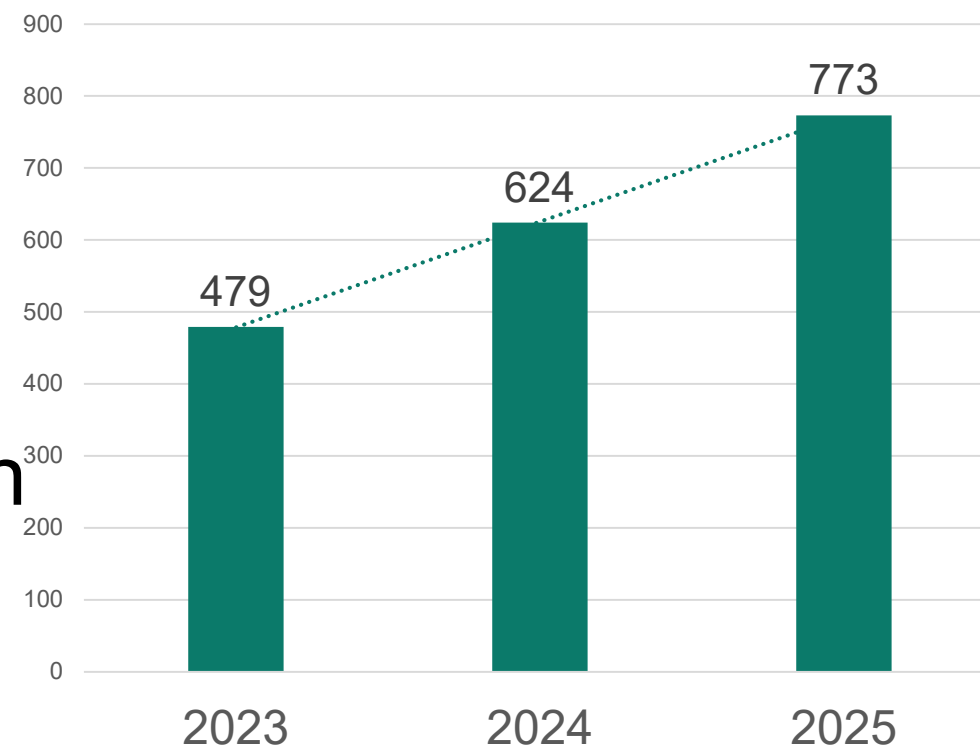
Transportation, provider shortages, stigma associated with seeking support, access to cultural and linguistically appropriate care, and difficulty navigating systems can prevent people from getting help.

How We Support Our Community

- Clackamas County Crisis and Support Line – available 24/7/365 to listen, support, and send help.

- Mobile Crisis Response Team – available 24/7/365 to meet people where they are and provide support in the community

CCBHD Mobile Crisis Response Team Volume 2023-2025

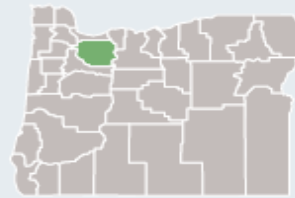


Clackamas County (Urban/Rural)

Population: 421,401 Youth Population (0-17): 90,533 *U.S. Census Bureau 2020

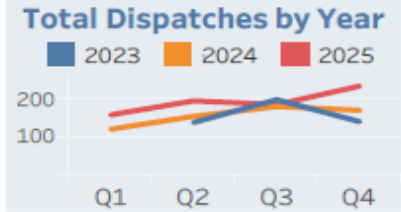
MCIS Team: Clackamas Health, Housing & Human Svcs

Program Statewide



233
Total Q4 Dispatches

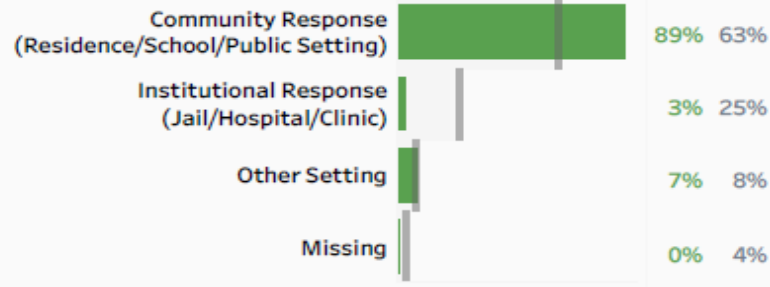
20%
Repeat Dispatches



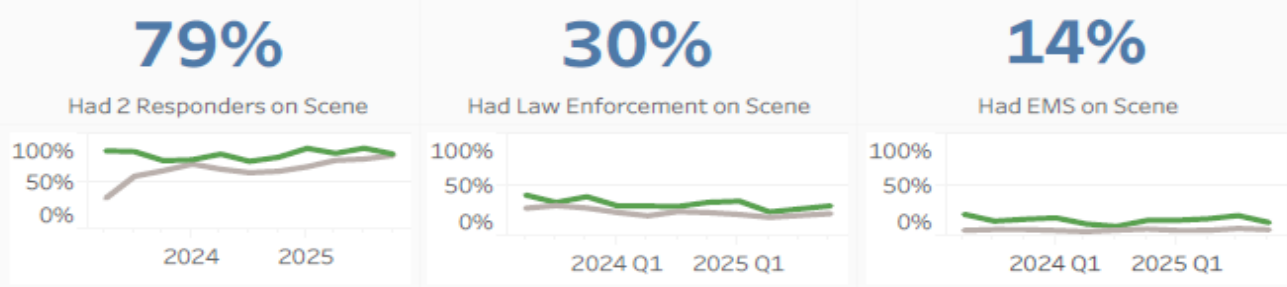
Mobile Crisis Response Team

Clackamas County vs. Statewide Q4 2025

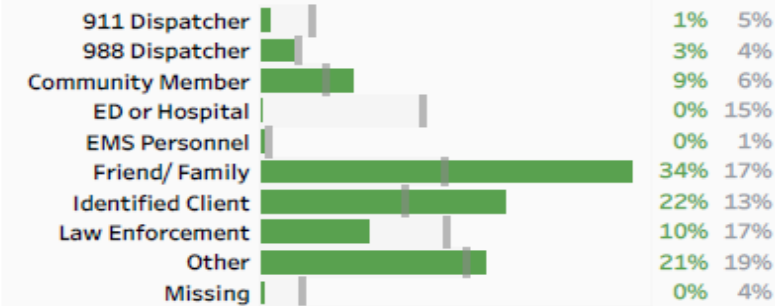
Dispatch Location



Responders On Scene



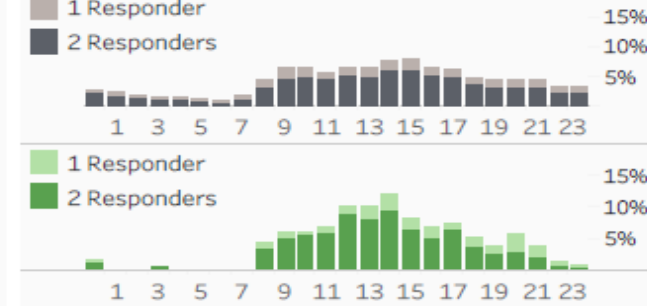
Caller Requesting Dispatch



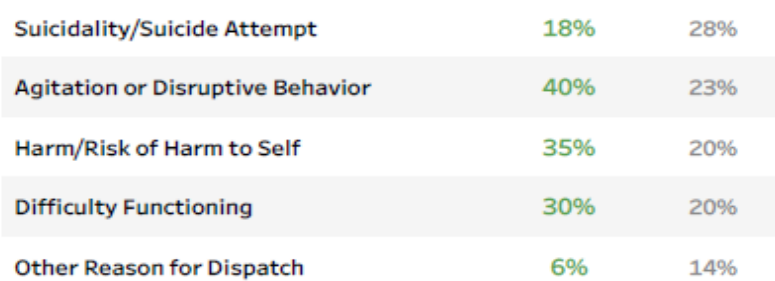
Disposition



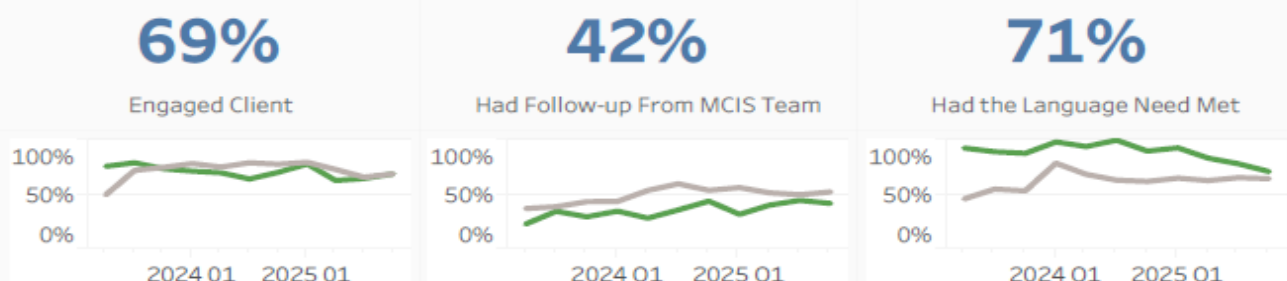
Total Dispatches by Hour



Reason For Dispatch



Engagement Details



How We Support Our Community

- Urgent Walk-In Clinic on 82nd Ave. open 9am – 7pm, Monday through Friday, no appointment necessary
 - Medication Support
 - Therapy
 - Care Coordination
- Crisis Stabilization Center – open 24/7/365 since December 2025
 - Short-term crisis support
 - Coping skills
 - Connection to resources



How We Support Our Community

- Postvention Services – clinical support following a loss from suicide to help people heal, build resilience, and reduce future risk
- Care Coordination for adults, youth, and families experiencing mental illness
- Clackamas County Public Health
 - Substance Use and Overdose Prevention
 - Resources and Training to Prevent Suicide
 - Data Resources and Epidemiology
 - Mental health Promotion



Questions?